

RESOLUTION 31079

A RESOLUTION in support of the City's efforts on behalf of the American Heart Association's Annual Heart Walk.

WHEREAS, heart disease and stroke are the number one and number three killers of Americans; and

WHEREAS, nearly 2,500 Americans die from cardiovascular disease each day, an average of one death every 35 seconds; and

WHEREAS, Washington state has the ninth highest stroke mortality rate in the nation; and

WHEREAS, the American Heart Association is sponsoring the 2008 Puget Sound Heart Walk and has asked the City of Seattle to participate; NOW THEREFORE;

**BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF SEATTLE, THE
MAYOR CONCURRING, THAT:**

Section 1. The City of Seattle is proud to promote walking and physical activity by participating in the 2008 Puget Sound Heart Walk; and

Section 2. The American Heart Association's biggest event of the year is Saturday, October 4, at Qwest Field and we ask all City of Seattle employees, their families, and friends to participate in this walk and help stamp out heart disease in the Puget Sound region; and

Section 3. Each City department is asked to organize walk teams to help the Heart Association in its goal of raising \$2.6 million.

Adopted by the City Council the ____ day of _____, 2008, and
signed by me in open session in authentication of its adoption this _____ day
of _____, 2008.

President _____ of the City Council

THE MAYOR CONCURRING:

Gregory J. Nickels, Mayor

Filed by me this ____ day of _____, 2008.

City Clerk

(Seal)